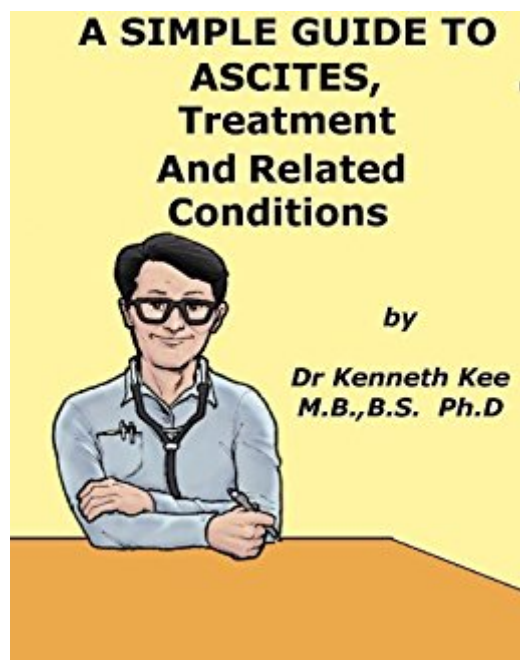




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# A Simple Guide To Ascites, Treatment And Related Diseases (A Simple Guide To Medical Conditions)



## Synopsis

Introduction  
Ode to Ascites  
Ascites is the accumulation of fluid in the peritoneal cavity  
Excess fluid may also accumulate in the legs due to gravity  
Other causes are due to water load from congestive heart failure  
It can also result from increased portal arterial pressure  
Ascites may also be associated with Kidney dialysis  
The most cause however is due to liver cirrhosis  
Other causes are metastatic carcinoma in the abdominal cavity  
Even the loss of protein in protein losing enteropathy  
Many people with ascites have abdominal swelling.  
As a result there may be difficulty in breathing  
One indicator of ascites is the presence of shifting dullness  
The fluid in the abdominal cavity is causing the fullness  
Treatment is by treating the underlying disease.  
Removal of ascites is with use of diuretic relief  
The swelling is reduced through passing out the urine  
Therapeutic paracentesis can help the fluid draining.  
-An original poem by Kenneth Kee  
Interesting Tips about the Ascites  
A Healthy Lifestyle  
1. Take a well Balanced Diet  
2. Treatment of any underlying cause of Ascites.  
a. A diet with salt diet restricted to

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